

From: [Kristi Murphy](#)
To: [HHC Exhibits](#)
Subject: RE: Public testimony for HB 3063 (with correction)
Date: Wednesday, February 27, 2019 9:09:43 PM

Dear Members of the House Health Care Committee,

In 1853, my great-great-great grandparents traveled from Illinois to Cottage Grove in the hopes of a brighter future for themselves and their families. My great-great-great grandfather lost his mother and brother in the Clark Massacre in Idaho during the 1851 Train on which his brother, Thomas Clark, was Captain. Despite the danger and fear of the unknown on the Trail, they traveled with their children, including my great-great grandmother, who was only 1 year old.

It is because of them that I have the courage and the obligation to write to you today.

Twenty years ago, my life stopped dead in its tracks. I started experiencing nausea and rapidly losing weight. I started having panic attacks and severe anxiety. I felt weak and had malaise. I had to move back home with my parents. My life became about a restricted diet, limiting activities to conserve energy and doctors' appointments. The only thing that was different just prior to my life taking this turn was that I had received the Hep B vaccination.

Prior to that, I had no need to doubt in the safety of vaccines. I had received them as a child and was healthy with no acute side effects of which I was aware.

But, now, 20 years hence, I am still struggling with digestive dysfunction, varying levels of energy, sleep disturbances and occasional anxiety.

I am worlds better than I was at 28, thanks to knowledgeable healthcare practitioners, supportive friends, personal experience and 20 years of education in holistic education, including the completion of a Master of Oriental Medicine degree. Thousands of hours and tens of thousands of dollars later, I am living a fairly normal life.

But, what about those who aren't?

What about those babies or teenagers or adults who haven't been as fortunate as I?

This is only my story. I have also heard the stories of others. For example, two acquaintances have shared with me their experience of the onset of juvenile rheumatoid arthritis and juvenile diabetes right after their childhood vaccinations.

I am surrounded by children with severe food allergies, skin conditions, anxiety and attention disorders, learning disabilities, severe respiratory conditions and autoimmune diseases. Are vaccines the cause or a contributing factor?

We just don't know.

We live in a society of staunchly held beliefs. One of those beliefs is that vaccines are safe and effective. When somebody suffers an adverse reaction to a vaccine, not only is the affected suffering the physical and emotional pain, he or she is doubted and ridiculed by family, friends and, if they post their experience on Facebook, the entire nation.

I ask that, in the face of this decision, you take time before you make a decision about the fate of Oregon's children to study the literature on vaccination and vaccination side effects. Please don't make a decision that may impact children and their futures until you speak to families whose lives have been forever changed. Take the time to confer with doctors who support selective vaccination and why.

In the course of history, medicine and science have changed dramatically. Only through time and, often negative, experience do things shift. When you look at HB 3063, please bear this in mind.

As the parent of a student attending grade school, there is nothing more important to me than the safety and health of my son and his schoolmates. As I see those beautiful children with their brilliant futures before them, I want them to have every opportunity to achieve their highest potential, to live the life of their dreams. Each child deserves that their unique health history be considered before the administration of 'one size fits all' medical interventions. This is why I strongly oppose mandatory vaccination. I hope you will please take the time to be introspective with regards to a decision that may affect the health of our children, possibly for life.

With respect and sincerity,
Kristi Murphy, BS, MTOM, LAC
Tigard, OR

Sent from [Mail](#) for Windows 10