

My name is Sean Simpson. I am under care at Pain Management Consultants. I have chronic back pain, and was diagnosed with arthritis in my spine. This all started when I was 17 in high school and ruptured my first disk. In my 20's I was diagnosed with degenerative disk syndrome. I am 46 now and have been dealing with pain my whole life. I have tried Chiropractic, physical therapy, acupuncture, acupressure, etc. I do the injections as needed to help with the pain as well. Though the Pain management I am on a prescription medication to help with my day to day pain so I can function regularly, it doesn't take away the pain completely but it helps, and allows me to do regular activities such as work. My job requires me to climb ladders, stairways, hills, etc. and requires me to be on my feet the majority of the day. Without my pain management it would be hard to do that. I follow my pain regimen the way I am supposed to, urine tests, pill counts, and anything else that is required. I request my medication 3 days before running out and have never asked early or violated my contract with Pain Management. Every 6 months I have to go through PA, and every time this happens I am delayed in getting the medication I need by a minimal of 2 weeks. This last time it took 3 weeks and I was denied, then an appeal had to go causing me more delays. This is a medication I have already been on, this was not a new medication or an increase in dose or number of pills. I don't fully understand this whole process of the PA I know the prescription for my medication comes from my Dr. to my pharmacy, Insurance then asks for a PA, which goes back to my Dr. who then contacts the insurance company again, the insurance company takes up to two weeks to review before giving an answer to the Dr. and pharmacy. These delays effect people's care which effect their lives.