

Rosenberg Corey

From: Ryan Scott <rscott@vistapsych.com>
Sent: Thursday, March 09, 2017 10:44 AM
To: SHS Exhibits
Subject: Senate Bill 860

To Whom It May Concern:

I am writing in regards to Senate Bill 860, to voice my strong support of enforcement of the existing Mental Health Parity Law. As the Director of Vista Counseling & Consultation, Inc, I have seen a rapid erosion of reimbursement rates over the last four years, making it increasingly difficult to hire mental health professionals to meet the strong demand for mental health services. In turn, our fellow Oregonians are not able to access services, leading to long wait lists and a denial of service. To add to this is increasing pressure from out of state “professionals” who call our therapists, ask them to give up an hour of their day without pay, to give “advice” on treatment that is ill-conceived and ill-advised. Yet, there is the threat of no longer being able to see our patients if we don’t follow their “treatment plan” that is disconnected from what is effective.

Vista Counseling & Consultation, Inc is one of the larger group practices in Lane County. We provide counseling services to individuals, children, adolescents and families. Since 2002 we have helped thousands of individuals, families, and couples overcome conflict, anxiety, depression, and stress. We also can help with trauma and eating disordered behavior.

The Vista ADHD Clinic in Eugene and Bend is also available for psychological evaluations to address ADHD, neurodevelopmental, and Autism Spectrum Disorder challenges. We use evidence-based, cognitive-behavioral (CBT) interventions in everything we do.

We work closely with a number of primary care practices in town, including Oak Street Medical, Oregon Medical Group, and a number of pediatric practices in the area. They count on us to provide efficient and effective treatments for their patients. We provide services that many other practices do not. We are experts in assessing neurodevelopmental issues such as ADHD or Autism Spectrum Disorder. We also provide individual and group interventions for eating disorders. We work with some of the most challenging trauma cases, and have on staff a psychologist trained by the VA on the latest and most effective treatment interventions. Many of our staff have been trained in the research clinics at the University of Oregon (UO), and are excellent clinicians in quickly treating the most challenging behaviors in children. In fact, one of our psychologists is the clinical director in the Department of Psychology at the UO. Another one of our psychologists teaches many of the psychological assessment courses at the UO.

Thank you for your time and consideration.

Ryan Scott, PhD

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